

Subject:Health Long Range Plan	Year: 2011-12 * Note: The grade 1 curriculum is taught to both grades.			
	Teacher: Mindy Rowe			
Topic	Dates	Major Objectives	Materials and Resources	Evaluation Plan
Personal Health :Taking Care of yourself	Sept, Oct,	W-1.1, 1.2, 1.3, 1.4, 1.5, 1.6	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, unit test, observations.
Safety and Responsibility	Nov, Dec	W-1.7,1.8,1.9,1.10	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, unit test, observations, .
Expressing Our Feelings	Jan,	R-1.1,1.2,1.3,1.4	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, building a game using a magnet, unit test, observations .
Interactions and working together	Feb	R-1.5,1.6,1.7,1.8,1.9	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, observations, Boat building activity and rubric, unit test.
Goal Setting & Learning Strategies	March	L-1.2,1.2,1.3,1.4,	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, observations, unit test.

Careers	April	L-1.5,1.6	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, observations, unit test.
Volunteerism	May- June	L-1.7,1.8	-Canadian Healthy Living Guide -Heart Beat 1(Health and Life Skills) -Readers Theatre -Various online sources	Anecdotal notes during activities, checklists, observations, unit test.